

Our Mission and Vision:

Hadhari Nari are African and Asian words meaning “caring woman”.

“Our mission is to provide support and a confidential service through an advice centre, outreach work and training for all women and children experiencing domestic abuse, whilst addressing the needs of Black, Asian and other minority women. Hadhari Nari believes that all women and children have the right to live in a society without the fear of violence. We work to educate, empower and support to achieve this aim.”



Hadhari Nari



Contact us

Advice and information centre
36 St James Road, Normanton
Derby DE23 8QX

phone: 01332 270101
email: advicecentre@metropolitan.org.uk

Opening hours

The information line and advice centre are open
Monday Tuesday and Thursday 9am – 5pm

Supported by Derby City Council and Derbyshire County Council



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The information in this leaflet is available in different formats.

Advice, information and support
for women and children experiencing
domestic abuse

Counselling | Support | Information | Advice | Drop-in surgery | Health |
Pregnancy testing | Training | Food Packs

What we do

Hadhari Nari is the local Women's Aid group in Derby. The Women's Aid Federation of England (WAFE) is the key support agency for women and children experiencing domestic abuse, providing information, training and resources to refuges, relevant agencies and the general public. It also monitors the provision of services for women and children experiencing abuse.

The Advice Centre

Our advice centre is the first point of contact for women seeking information and advice on domestic abuse and related issues.

Confidential counselling and support are carried out by volunteers and members of staff. Short training courses are available. All services provided at the project are carried out in a safe and non-judgemental manner. We also provide a referral service to refuges regionally and nationally.

Voluntary work

There are a number of volunteering opportunities at the advice centre with the aim of providing work experience for women to improve and develop new skills, increase employability or to assist with completing a counselling qualification.

Pregnancy testing

A free and confidential service.

Monday, Tuesday and Thursday: 10:00am to 3:00 pm

We also refer/signpost to agencies regarding a number of health issues concerning women, for example termination, contraception, fertility, menopause, STIs and menstrual issues. We provide free condoms.