

WHAT'S ON!

DROP-IN ADVICE FOR ASYLUM SEEKERS AND REFUGEES

- **British Red Cross** – At St Peters Centre, St Peters Street, Derby DE1 1SN every Wednesday morning and by appointment on other days. Phone 01332 525423
- **Derby Refugee and Advice Centre (DRAC)** – At 99 Curzon Street, Derby DE1 1LN every Tuesday and Thursday. Phone 01332 347497

SOCIAL GATHERINGS

- **Upbeat Communities** – Drop-in for a free lunch and chat on Tuesdays at 12pm, or the women's coffee morning on Thursdays from 10am. At Overdale House, 96 Whittaker Road, DE23 6AP. Call 01332916150 or hello@upbeatcommunities.org or www.upbeatcommunities.org/whats-on
- **Hope Centre** – Refreshments and conversation at the Hope Centre, Curzon Street, DE1 1LL on Fridays (10.30am to 1pm) and Tuesdays (1pm to 3pm). All welcome!
- **FEE Café** – Free IT, English, sewing, arts, crafts and cooking workshops at FEE Café, 119 Osmaston Road, DE1 2GD. Enrolment on Tuesday and Saturdays at 12.30pm. Contact Farhad, 07957244306, fee.cafe@outlook.com
- **DRAC** – Various workshops and activities on Thursdays
- **St Lukes** – Drop-in for free refreshments and chat on Mondays at 10am to 12 noon at St Lukes Church, Parliament Street DE22 3RT (just round the corner from Laverstoke Court). Contact Father Leonard, 01332342806, frleonardyoung@hotmail.co.uk
- **Artcore** – Free art workshops on most days and for all ages at Artcore, 3 Charnwood Street, DE1 2GT. Contact 01332384561 or coordinator@artcoreuk.com for more information

ENGLISH LANGUAGE

- **Upbeat Communities** – Lots of classes on different days at different levels. Call in on Tuesday lunchtime for more information
- **DRAC** – Classes on Mondays, Tuesdays and Thursdays

YOUTH AND TODDLER GROUPS

- **Bumps to Babies Group** – Fridays at 10am at The Green Thyme Hub (the old café), Normanton Park, Warwick Avenue DE23 8DA. For more information call 01332 888094
- **New Arrivals Team Youth Club Aged 10+** – Wednesdays at 4pm-6pm at Madeley Youth and Community Centre, Madeley Street, DE23 8EX. Contact 07888048286 or edward.nkwelle@derby.gov.uk

SPORTS

- **Football** – Free sessions organised by Derby County Football Club every Saturday at 1pm at Arboretum Park, Rose Hill Street, DE23 8FR. For more information contact gavin.lewis@dcct.co.uk or 07912 390941
- **Cricket, football and basketball** – Every Monday at 7pm at Stockbrook Park, Stockbrook Street, DE22 3WH. For more information contact rachael.tew@migranthelpuk.org
- **Running club** – On Tuesdays and Thursdays. See DRAC for more details

IMMIGRATION AND LEGAL ADVICE

- Legal-aid-funded representatives from Burton-and-Burton and from IAS are at DRAC on Tuesdays (by appointment only)

HEALTH ADVICE

- Derby Urgent Care Centre, Osmaston Road, DE1 2RG (01332 224700)
- Lister House, 207 St Thomas Road, DE23 8RJ
- Emergency Dental Service, Coleman Street, DE24 8NH (01332 888085)

HOUSING AND ACCOMMODATION

- Housing Options, The Council House, Corporation Street, DE1 2FS

WELFARE AND BENEFITS ADVICE FOR THOSE WITH REFUGEE STATUS

- Jubilee Project, St Peters Centre, St Peters Street, DE1 1SN (on Tuesdays)
- Citizens Advice, Sinfin Library, Arlestone Lane, DE24 3DD
- Direct Help and Advice (and The Derby Law Centre), Phoenix Street, DE1 2ER